

**My
Wonder Woman
toolkit**

Justine Pocock - @WigglyKoala

Have

belief and faith

in yourself.

**Learn your
strengths and
weaknesses.**

**Control your
inner chimp.**

**Check in with
yourself,
*regularly.***

Be comfortable saying

“I don’t know”

No

is a sentence.

Communicate
more **than feels**
natural.

Let it go,

Sometimes

**Back yourself
up with
evidence.**

**Learn to tell
great stories.**

Dig deep

or take a break.

YOU ARE

WORTH

MORE.

**You will get
emotional.**

Will this be important in

2 minutes?

2 days?

2 years?

**You might need
to be angry.**

Find your tribe.

**Everyone else is
feeling the same.**

Always say

please &

thank you.

**Do it & say
sorry later.**

**Run to the
bathroom.**

“I am important”

**Fake it until
you make it.**

The Wonder Woman Pose.

**Keep making
little changes.**

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